

*April 2021*

# FALCON FOCUS NEWSLETTER



## From the Principal

**Growth Mindset Quote of the Month:** *It does not matter how slowly you go so long as you do not stop.* (Confucius)

Dear Forest Avenue Families,

We are excited to return to full in-person learning five days a week starting on Monday, April 5th. As we merge Cohorts A, B, and C together, and welcome eighteen students from Cohort D to in-person learning, our number one priority continues to be the safety and well-being of students and staff. As a district, Hudson is well prepared for this change as our buildings are equipped with air purification systems and our custodians are using the most effective eco-friendly cleaning products to keep our building clean and sanitized. We are committed to rigorously following the safety guidelines and procedures that are in place. Mask wearing will continue to be mandatory along with frequent hand washing/sanitizing. The student desks in all of our classrooms are spaced beyond the minimum three feet requirement and six feet of spacing is in place during lunch and snack times. The majority of our staff has had at least one shot, while some of us are fully vaccinated. Please join me in giving a big thank you to our staff for all of the hard work and planning they have done to help make this a smooth and successful transition.

During the month of April, Parent / Teacher Conferences will be held resulting in half days for students on Tuesday, April 13th and Thursday, April 15th. Once again, conferences will be taking place virtually via Google Meet. I hope that everyone will take advantage of this opportunity to meet your son/daughter's classroom teacher. Specials teachers will also be available for conferences. The following week, students will be off for April Vacation starting on April 19th through the 23rd. Coming soon will be our MCAS Testing Schedule for students in grade three and four as the state has established a testing window of May 10th to June 11th.

I hope that everyone has a safe month of April and an enjoyable break!

Sincerely,  
David Champigny  
Principal, Forest Avenue School

**Twitter**

Are you looking to stay up to date on all that is happening here at Forest Avenue School? Then why not follow us on Twitter at **HPSForestAve**.



## School Nurse

## From the Nurse

Happy spring! As the weather gets warmer please remember to send your child in with extra water.

A reminder to fourth grade parents to send in a copy of their child's updated physical. The MA department of Public Health requires a physical exam within one year prior to school entrance (kindergarten) and every three to four years after this. In Hudson, we ask for an updated physical for students in grades 4, 7 and 10. If your child has had a recent physical please send in the form, thanks to those who already have.

The health office is always in need of individual snacks such as applesauce, pretzels or goldfish. Any donations would be greatly appreciated.

If any contact numbers have changed please let myself or Mrs. Harmon know.

Christie Vaillancourt RN BSN NCSN  
School Nurse  
cvaillancourt@hudson.k12.ma.us  
978-567-6190 EXT 23004

Jina Harvey LPN  
Assistant School Nurse  
jmharvey@hudson.k12.ma.us

## From our Physical Education Teacher

Happy Spring!

The warm weather in mid-March was a great reminder of the wonderful days ahead! We are all looking forward to spending as much time as possible outside! Returning to a full five day week means that students will have Physical Education every week! I am so excited to see everyone each week in class!

With the warmer weather here, getting outside every day to be active is such an important piece of living a healthy lifestyle! We have all spent so much time on electronic devices this year, we need to head outdoors!

A few family fun activities that require little to no equipment are:

- ~ Tag (shadow, mirror, noodle are just a few of our in class favorites!)
  - ~ Hide- and – Go Seek
  - ~ Jump the Brook
  - ~ Create an Obstacle Course using household things:
- here is a link with a few ideas! <https://youtu.be/8ZMFZy6j3Ug>

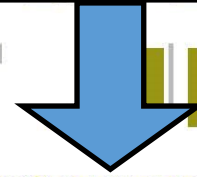
Have fun outside and stay healthy!

Mrs. Gaffny



# HUDSON'S GOT TALENT JR

Deadline to Submit Acts  
Extended to April 1st!!!



## INFORMATION

Do you have a special talent (dance, sing, play an instrument, take karate lessons or gymnastics, etc.)? Do you like to perform? **WE WANT YOU!** Forest Ave is hosting the 11th Annual Hudson's Got Talent Jr.!! HGT Jr. is open to Forest Ave, Farley & Mulready 3rd & 4th grade students.

This year will look a little different, but it promises to be just as much fun! Students will submit videos and the show will be put together complete with an Emcee, guest hosts and surprise performances.

Complete the registration form below and submit to your school by March 19th. Detailed information will be emailed to your parents after registration closes. Acts should be no more than 3 minutes long.

## IMPORTANT DATES:

Registration ends: 3/19/21

Videos due: 4/26/21

Air Date: 5/14/21

## SIGN UP:

Please send completed registration form to your school—

Attn: Kelly Haley, HGT JR/  
Forest Ave

## QUESTIONS??

Kelly Haley, 508-577-5869 or  
kahnah98@gmail.com

(please put **HGT JR 2021** in the  
subject line when emailing)

## PLEASE FILL OUT FORM COMPLETELY:

Student Name: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Parent Email: \_\_\_\_\_

Parent Phone: \_\_\_\_\_

School: \_\_\_\_\_

Grade/Teacher: \_\_\_\_\_

Act: \_\_\_\_\_

Song Title: \_\_\_\_\_

Performing with: \_\_\_\_\_

I acknowledge that HGT Jr will be virtual and will be aired on HUD-TV. I give my permission for \_\_\_\_\_ to participate in the Hudson's Got Talent Jr. Virtual show and acknowledge that HGT Jr will be aired online on HUD-TV. I also give permission for my son/daughter to be photographed.

Parent Signature: \_\_\_\_\_

# Cohort D Update

We have been updating our pictures on the Cohort D website. If you have a picture of your child working remotely, please feel free to email it to Rachel Scanlon or Judy Merra.



Here is our website link if you want to take a look:  
<https://sites.google.com/student.hudson.k12.ma.us/cohortdelementary/home?authuser=0>

## April Calendar

04/01	Butter Braid Pastry & Joyful Traditions Cake Rolls Pick-Up @ Forest Ave Parking Lot 4:00pm-6:30pm
04/02	No School—Good Friday
04/05	Return to In-Person Learning Virtual School Council Meeting @ 6:00pm
04/07	Half Day—Teacher In-Service; Students dismissed at 11:40am
04/09	Freaky Friday—Red Sox Day (students & staff are welcome to wear their favorite Red Sox jersey, cap, or the colors red & blue)
04/12	April Birthday Lunch
04/13	Half Day—Parent/Teacher Conferences; Students dismissed at 11:40am
04/15	Half Day—Parent/Teacher Conferences; Students dismissed at 11:40am Evening Conferences 6:30pm—8:30pm
04/16	Forest Ave Restaurant Night @ Horseshoe Pub 4:00pm—9:00pm
04/19—04/23	No School—April Break
04/27	Parents Night Out Fundraiser @ Beyond the Barn
04/29	Virtual Home & School Meeting @ 6:30pm

**Free Money for Forest Ave!** There are a number of ways to earn money for Forest Ave that won't cost you anything! If you shop at Price Chopper or Amazon you can support the school by registering your card or signing up to support Forest Avenue using Amazon Smile.

**Price Chopper Tools for School Program** – <https://pricechopper.com/savings/tools-for-schools>  
Once you sign up, everything you purchase at Price Chopper with your AdvantEdge Card earns points to help our school get a larger share of the \$500,000 in FREE equipment to be distributed. You will need to use our school code #14480.

**Amazon** – [www.smile.amazon.com](http://www.smile.amazon.com)

Instead of using [www.amazon.com](http://www.amazon.com), use [www.smile.amazon.com](http://www.smile.amazon.com) and select Forest Avenue Home and School Association Hudson, MA. Amazon will donate 0.5% of the purchase price of eligible products to our school.



## From the Home & School

### Virtual Home & School — Thursday 04/29 @ 6:30pm, Google Meet

Our next Home & School Meeting will be taking place via Google Meet on the evening of Thursday, April 29th starting at 6:30 p.m. **Parents who wish to join the meeting must email Mr. Champigny by noon on Wednesday, April 28th sending him their name and email address.** His email address is:

dchampigny@hudson.k12.ma.us. The invitation to join the meeting will be sent approximately 5 minutes before the meeting.

We hope to see you then!

### Pick-Up for Butter Braid Pastry Fundraiser

Thank you for all of your orders! Don't forget to come pick up your orders on Thursday, April 1st from 4:00pm—6:30pm at the Forest Ave Parking Lot. Orders that don't get picked up will NOT be held and will have to be donated. If you have any questions, please email Beth Langlois: bethlanglois@gmail.com.

### Forest Ave Restaurant Night at Horseshoe Pub & Restaurant

**Friday, April 16th 4pm-9pm**



Are you tired of cooking? Getting stressed with finishing up the last few days of school before April break? Enjoy a night off to benefit the school!

Take out with curbside pick-up or dine in! Official flyers will be emailed out soon and posted on the Home and School Facebook page. Please show a copy of the flyer or note online that this is for the Forest Ave Fundraiser for us to receive credit for your order.

### Parent's Night Out: Beyond the Barn! Tuesday 4/27

Come on down and join us Tuesday night at one of Hudson's hidden gems! Located right downtown at the rotary, Beyond the Barn is opening specially for us so that we

can Shop for a Cause—find gorgeous pieces of home décor and support Forest Ave at the same time! You can shop online all day and chose pick-up or local delivery or go in person and shop with the help of our own personal shopper! A portion of the proceeds will go back directly to the Forest Ave Home & School! We can't wait to see you all there!



**BEYOND THE BARN**  
— B O S T O N —

*Free Shipping/Local Delivery*

