

March 2021

# FALCON FOCUS NEWSLETTER



## From the Principal

**Growth Mindset Quote of the Month:** *Don't worry about failure. Worry about the chances you miss when you don't even try.* (Sherman Finesilver)

Dear Forest Avenue Families,

Looking out my office window, I am noticing that the crocuses have emerged from the ground, a reminder that spring is coming soon. As we discussed in last month's newsletter we are continuing to explore ways to provide our students with safe opportunities to enjoy school with an emphasis on health and wellness during the pandemic. This month we have brought back our beloved Freaky Friday celebrations with the addition of Terrific Tuesdays so that students from all four cohorts have an opportunity to participate. Our theme for this month is Crazy Hair Day. Our students in third and fourth grade will also once again have an opportunity to participate in our annual talent show Hudson's Got Talent Junior, which will be taking place virtually this year through the support of Hud-TV. You will find more information about this exciting event in this edition of the Falcon Focus.

We are also continuing to find ways to celebrate student success. Recently we held a Leaves of Citizenship Luncheon honoring thirty-three students in grade K – 4 who have demonstrated outstanding citizenship. Students who were chosen to participate all earned leaves for demonstrating good citizenship and were then nominated by a staff member for exemplifying this character trait. This event took place virtually so that students from all four cohorts could be together safely. During the luncheon, we chatted about the great work that the students had done, discussed what it means to be a good citizen, and explored other topics ranging from lunch item favorites, family pets, and upcoming events at school. Many staff members joined Ms. Merra and me in congratulating the students on a job well done. This month we have also rolled out our Virtual Star of the Month program recognizing fifteen students in grade K – 4 who have done a fabulous job during the month of February while remote learning. Once again, we are celebrating student success from all four cohorts. Recipients of this award will receive special certificates and are being honored on our Star of the Month Bulletin Board.

On another positive note, employees of Hudson Public Schools have begun receiving vaccinations for COVID-19. At the time of this publication, all of the district nursing staff have received their shots and many staff members here at Forest Avenue School have been successful in booking appointments for their first shot. Hopefully this is the first step in returning to a new normal.

I hope that everyone has a safe and enjoyable month of March!

Sincerely,  
David Champigny  
Principal, Forest Avenue School



## From the Nurse

The Massachusetts department of Public Health requires a physical exam within one year prior to school entrance (kindergarten) and every three to four years after this. In Hudson we ask for an updated physical for students in grade 4, 7 and 10. If your child has had a recent physical please send in the form, thanks to those who already have.

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Jina Harvey LPN  
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## From our Physical Education Teacher

Happy March! This crazy year is flying by as we recently celebrated the 100th Day of school! It has been such a pleasure getting to work with so many students as the Physical Education teacher! I love getting to know each and every student!

I have received a lot of positive feedback on some of the videos I have used during our remote teaching days. I want to share with you some of the links so families can enjoy them at home!

## Level Up Videos

Level Up (Dinosaurs): <https://youtu.be/DO-R5EfG> N4

Level Up 2 (Twisters): <https://youtu.be/wu--9fOkOJM>

Level Up 3 (Sharks): [https://youtu.be/u\\_TrbTwiK6c](https://youtu.be/u_TrbTwiK6c)



We will be trying to be outside as often as possible for class, please make sure your child is dressed appropriately for the weather!

Enjoy!  
Mrs. Gaffny

# HUDSON'S GOT TALENT JR

## INFORMATION

Do you have a special talent (dance, sing, play an instrument, take karate lessons or gymnastics, etc.)? Do you like to perform? **WE WANT YOU!** Forest Ave is hosting the 11th Annual Hudson's Got Talent Jr.!! HGT Jr. is open to Forest Ave, Farley & Mulready 3rd & 4th grade students.

This year will look a little different, but it promises to be just as much fun! Students will submit videos and the show will be put together complete with an Emcee, guest hosts and surprise performances.

Complete the registration form below and submit to your school by March 19th. Detailed information will be emailed to your parents after registration closes. Acts should be no more than 3 minutes long.

## IMPORTANT DATES:

Registration ends: 3/19/21

Videos due: 4/26/21

Air Date: 5/14/21

## SIGN UP:

Please send completed registration form to your school—

Attn: Kelly Haley, HGT JR/  
Forest Ave

## QUESTIONS??

Kelly Haley, 508-577-5869 or  
kahnah98@gmail.com

(please put **HGT JR 2021** in the  
subject line when emailing)

## PLEASE FILL OUT FORM COMPLETELY:

Student Name: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Parent Email: \_\_\_\_\_

Parent Phone: \_\_\_\_\_

School: \_\_\_\_\_

Grade/Teacher: \_\_\_\_\_

Act: \_\_\_\_\_

Song Title: \_\_\_\_\_

Performing with: \_\_\_\_\_

I acknowledge that HGT Jr will be virtual and will be aired on HUD-TV. I give my permission for \_\_\_\_\_ to participate in the Hudson's Got Talent Jr. Virtual show and acknowledge that HGT Jr will be aired online on HUD-TV. I also give permission for my son/daughter to be photographed.

Parent Signature: \_\_\_\_\_

# Cohort D Update

We have been updating our pictures on the Cohort D website. If you have a picture of your child working remotely, please feel free to email it to Rachel Scanlon or Judy Merra.



Here is our website link if you want to take a look:  
<https://sites.google.com/student.hudson.k12.ma.us/cohortdelementary/home?authuser=0>

## From the Home & School

### Virtual Home & School — Thursday 03/25 @ 6:30pm, Google Meet

Our next Home & School Meeting will be taking place via Google Meet on the evening of Thursday, March 25th starting at 6:30 p.m. **Parents who wish to join the meeting must email Mr. Champigny by noon on Wednesday, March 24th sending him their name and email address.** His email address is: [dchampigny@hudson.k12.ma.us](mailto:dchampigny@hudson.k12.ma.us). The invitation to join the meeting will be sent approximately 5 minutes before the meeting.  
We hope to see you then!

### Butter Braid Pastry Fundraiser

Are you craving an amazing dessert without all the work? Order a mouthwatering Butter Braid Pastry or Joyful Traditions Cake Roll to help support FA Home & School. Choose from several flavors and enjoy this light and flaky dessert while supporting our school.

Simply sign up here and share with friends and family!  
<https://your.mcmfundraising.com/signup/T5WP>

**Place your order by March 21st to receive by Easter!**

### March Calendar

03/01	School Council Meeting @ 6:00pm
03/02	Read Across America Day
03/03	100th Day of School @ Forest Ave Outstanding Citizenship Virtual Luncheon
03/08	Virtual Book Fair Begins March Birthday Lunch for Students in Cohorts A & C
03/12	March Birthday Lunch for Students in Cohort B
03/16	Terrific Tuesday—Crazy Hair Day
03/19	Freaky Friday—Crazy Hair Day
03/21	Virtual Book Fair Ends
03/25	Home & School Meeting @ 6:30pm